



Wisconsin Recovery Implementation Task Force • 1 West Wilson Street, Room 951 • PO Box 7851 • Madison, WI 53707-7852

**Recovery Implementation Task Force**  
**Friday, March 15, 2019**  
12:30pm - 3:30 p.m.  
Room 789

Department of Vocational Rehabilitation  
1801 Aberg Avenue  
Madison, WI 53718

**Task Force Minutes:**

**Members Attending:** Cory Flynn, Joann Stephens, Corbi Stephens, Robin Petersen, Meagan Sulikowski, Joan Sternweis, Paul Anderson, Maria Hanson, Mark Dolan, Alice Pauser, Shelly Monroe, Scott Webb, Rose Barber, Mary Hamilton, and Molly Eckerle

**Guests Attending:** Chelsea Crane, Kevin McGettigan, and Ryan Stachoviak

**Guest Speaker: Ryan Stachoviak – DHS: Mental Health Block Grant review & First Episode Psychosis**

- Planning for next two years of Block Grant application
- What are the Block Grants?
  - The principal Federal discretionary program supporting community-based mental health services for adults with serious mental illnesses and children with serious emotional disturbances.
  - MHBG= 11 million dollars annually
  - Flexible source of funding
- Substance Abuse Prevention and Treatment Block Grant and Mental Health Block Grant
- Application and Reports: every year, submit an application; every two years, submit a plan with goals and objectives; submit an annual report
- Federal Statutes: Statutes-Title 42- The Public Health and Welfare (300x); Children's Set Aside-States required to not spend less than the amount expended in Actual SFY 2008; Maintenance of effort- states must maintain expenditures for community mental health services; not less than the average of the preceding two years; Limitation on administrative expenses-not more than 5%; 10% set-aside for Early Intervention for Early Serious Mental Illness
- Restrictions on the Use of the MHBG: to provide inpatient services; to make cash payments to intended recipients of health services; to purchase or improve land, building, or other facility, or purchase major medical equipment; to satisfy any requirement for the expenditure of non-Federal funds as a condition for the receipt of Federal funds; to provide financial assistance to any entity other than a public or non-profit entity
- Wisconsin MHBG Award: FY 2016-\$8,440,552; FY 2017-\$8,732,888; FY 2018-\$11,122,581; FY 2019-\$11,896,020
- MHBG- State Requirements: Formula Community Aids cap; Children's Mental Health

- Services; Systems change; Training; Adult/Family/Peer Supports; Protection and Advocacy
- Sources of Funding for Community Based Services: county revenue; DHS revenue; other state agencies; Medicaid; other revenues; MHBG
- What factors go into MHBG/SABG planning: needs assessment; guidance from Wisconsin Council on Mental Health and SCAODA and other stakeholders; law-Federal and WI statutes; guidance from SAMHSA; current system capacity; DHS and DCTS priorities and Governor/legislature
- MHBG Plans: priority areas-goals with deliverables; funding plans- government funding opportunities, contracts and POs; monitoring and oversight of priority areas and contracts
- Block Grant Monitoring: BPTR is contracting entity, contract monitoring and oversight, site visits; TA on best use of dollars
- MHBG Caveats: Federal budget process; change takes time in government; work within limits of Federal and State law; interpretation of MHBG law varies
- Wisconsin Council on MH: Federally mandated; further empowered by state law
- Duties of Council: advise DHS, legislature; governor
- WI Council on MH Structure: WI Council on MH; Executive Committee; 5 Sub-Committees: Adult Quality Committee; Children and Youth Committee; Criminal Justice Committee; Legislative and Policy Committee; Nominating Committee
- Council Actions: develop budget priorities; monitor MH system performance and outcomes; annual visits across the state; meet with other organizations, providers and agencies

### **First Episode Psychosis**

- Early Intervention-changing the approach to help WI youth with mental illness
- Benefits of Early Intervention
- Coordinated Specialty Care (CSC): program for individuals experiencing a first episode psychosis
- Two Programs: Promoting Recovery from Onset of Psychosis (PROPS)-operated by Journey Mental Health Center; Coordinated Opportunity for Recovery and Empowerment (CORE)- operated by Milwaukee County Behavioral Health Division
- Core CSC Components: case management; medication and primary care; psychotherapy; family education and support; supported education and employment
- CSC Principles: Early detection of psychosis; rapid access to specialty care; wellness and recovery-focused; youth friendly services; respectful of clients striving for autonomy; community outreach
- Implementation: Based on estimates, one First Episode Psychosis team supports a population area of 400,000-525,000

### **Announcements**

- Maria: NAMI Conference is 4/26/19- 4/27/19; WI Peer Recovery Conference is 8/1/19- 8/2/19; Annual Mendota Conference is 8/26/19
- Alice Pauser: Demeter Foundation: starting a pilot program; wellness workshops for formerly incarcerated women
- Joann: Mental Health America is opening a Peer-Run Respite for Veterans in the Milwaukee area; contract with DHS; there are three other state-contracted Peer-Run Respite in WI; another Substance-use PRR is being planned by NW Technical College in La Crosse –not state-contracted; Parachute House, PRR in Milwaukee is contracted with Milwaukee County (Our Space)
- Meagan S.: WI Voices for Recovery Alignment Day will be on 4/3/19

**Review minutes from last meeting:** Reviewed minutes from 1/18/19. Rose Barber motion, Shelly Monroe 2<sup>nd</sup>, all approved.

### **Committee Reports:**

- **Executive Committee:** Paul Anderson; made up agenda for other committees; met by phone on 2/15/19; Anneke, Cory, Lalena; Theresa; Danielle, Paul, and Maria; Need a co-chair for both the TE Committee and the PRQE Committee
- **Membership Committee:** Rose Barber, Maria, and Cory; Brenda Wesley interested; Jeannette Arreleno (Latino community) will be contacted to see if she is interested; Mai Zong Vue will attend next meeting; reaching out to Oliver Johnson; Lynn Bigboy was approved (tribal); Lory Seffrood will attend next meeting; Mary Hamilton approved.
- **PRQE Committee:** Cory Flynn shared about Solstice House and new Wellness Studio drop-in center next door; Cory reviewed structure of contract with Access to Independence and sub-contractors and roles of each; Chris Keenan presented data about certified peer specialist initiative; proposal to BPTR tabled for now.
- **Training and Education Committee:** Maria H.: Working on the WI CPS Best Practice Manual; looking at each of the competencies; best practice; examples from each domain; workbook section based on their job; along with the workbook, there is a sheet called "Introduction to Self-Care." Also, "My Own Wellness and Resiliency Plan."

**Reviewed Voices for Recovery Advocacy Day info;** discussed listening sessions; Tim Connor doing a gaps study; 34 people responded to VFR survey; 2 questions were: What are your community's needs around addiction and recovery? Answers included: Recovery housing and affordable, available treatment in a timely manner; What general issues would you like to see this advocacy day focused on? Answers included: affordable, available treatment, recovery resources, funding; Substance Use area of DCTS also interested in listening sessions.

### **Possible questions for Listening Sessions:**

- What is recovery to you?
- How has peer services/peer respite helped you in your community?
- Questions about drop-in centers
- What role do peer specialists and recovery coaches play in your community?
- What are your needs (MH recovery, SU, or co-occurring)?
- What SU and MH/ co-occurring services have been most helpful?
- Is there co-occurring treatment happening in your community?
- Have alternative courts been helpful to you?
- Does a peer specialist work in your community?
- Have time for open dialogue.

### **Action Items:**

- Send questions to Maria, Paul or Joann by June 3, 2019.
- Joann will collect questions from Dennis and Tim Connor
- Ask Tim Connor to come and talk about the gap study

### **Next Agenda Items:**

- Alice Pauser reports on 4/4/19 CPS Advisory Committee Meeting
- Ask Tim Connor to come and talk about the gap study
- Joan Sternweis- Idea- MH TA & Training Center with UW Regional hubs
- Dan Zimmerman- lead technology assistance; MH Technology Transfer Center

### **Motion to Adjourn:**

- Shelly Monroe motion, Joan Sternweis 2<sup>nd</sup>, all approved.

**Contact Staff Person for RITF:** Laleña Lampe- [Lalena.lampe@dhs.wisconsin.gov](mailto:Lalena.lampe@dhs.wisconsin.gov) or 608-266-2476 (Office), 608-669-3857 (Cell)  
**Contact person for RITF Support:** Joann Stephens, [Joann.Stephens@wisconsin.gov](mailto:Joann.Stephens@wisconsin.gov), or 608-266-5380 (office) or 608-405-2569 (cell)

**Note:** Please refrain from wearing perfumes or scented products to accommodate those with chemical sensitivity or environmental illness, and refrain from flash photography without permission of all present to accommodate those with seizure disorders.

**Accessibility:** This meeting is accessible to people with mobility impairments. People needing accommodations to attend or participate in this meeting please notify the contact person five days prior to the meeting.

*Recovery Implementation Task Force Mission Statement*

To transform Wisconsin mental health and substance abuse services to embody recovery, hope, dignity and empowerment throughout the lifespan, in partnership with the DHS-DCTS-BPTR.

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